



Trail Festival New Caledonia 2020

Rules and Regulation

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1 / NAME, DATE AND TRAILS:

Trail Festival New Caledonia including Ultra Trail New Caledonia (UTNC) is a pedestrian mountain ultra-trail running event of 4 trail run races (+2 hike) organised by "Union des Trailers de Nouvelle Calédonie". The races are:

"UTNC 132K" a mountain trail race of roughly 132 km with nearly 6 000 meters of altitude gain (GPS Survey), in semi self-sufficiency on trails and tracks.

Map and elevation here : <https://tracedetail.fr/en/trace/trace/97641>

"Endurance Shop Ultra Trail 72K" a mountain trail race of roughly 72 km with nearly 3000 meters of altitude gain (GPS Survey), in semi self-sufficiency on trails and tracks. The participant needs to be at least 20 years old in the year (regardless of membership affiliation).

Map and elevation here : <https://tracedetail.fr/en/trace/trace/99138>

"Trail Festival 32K" a mountain trail race of roughly 32 km with nearly 1 850 meters of altitude gain (GPS Survey), in semi self-sufficiency on trails and tracks. The participant needs to be at least 18 years old in the year (regardless of membership affiliation).

Map and elevation here : <https://tracedetail.fr/en/trace/trace/101314>

"Trail Festival 18K" a trail race of roughly 18 km with nearly 700 meters of altitude gain (GPS Survey), in semi self-sufficiency on trails and tracks. The participant needs to be at least 18 years old in the year (regardless of membership affiliation).

Map and elevation here : <https://tracedetail.fr/en/trace/trace/101317>

"Trail Festival hike 5/10" 2 hike of roughly 5 km and 10 km with nearly 300 meters of altitude gain (GPS Survey), in semi self-sufficiency on trails and tracks. The participant needs to be at least 14 years old in the year (regardless of membership affiliation).

UTNC 132K, Trail Festival 72K are providing ITRA Points and UTNC 132K is an UTMB Qualifying Race.



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2 / REGISTRATION:

All registrations for English speakers will start on JANUARY 2020, the entry fees are:

	Early Bird	Normal	Late Entry
	Before 1 January	February - April	Until 26 th May
UTNC 132 km	\$214 NZD*	\$242 NZD*	\$313 NZD*
Endurance Shop 72 km	\$128 NZD*	\$171 NZD*	\$228 NZD*
Trail 32 km	\$71 NZD*	\$86 NZD*	\$99 NZD*
Trail 18 km	\$43 NZD*	\$57 NZD*	\$71 NZD*
Hike 10k	\$21 NZD	\$21 NZD	\$26 NZD*
Hike 5k	\$21 NZD	\$21 NZD	\$26 NZD*

All prices are given without tax or GST. Registrations will be closed and non-refundable on 26th of May at midnight.

Fees details :

Fees including : Food and Drinks on the aid Stations, Race bib; bus from plum to the start line (only 72k and 32k)

Fees not including:

- Race T-shirt
(it's an option to Buy it \$ 35 NZD)
- Bus transportation. From hotel to the start line
(it's an option to Book it \$ 17 NZD/pickup and return)
- hot meal on arrival and entry to a price giving draw.
(it's an option to Buy it \$ 15 NZD)

Cancelation :

It will be possible to cancel for medical reasons (medical certificate must be provided) the entry before May 26th and to get a partial refund of entry fees (minus organisation fees of \$50 NZD and ticket processing fees).

The organising committee could refuse race entry without giving justification.

3 / ENTRY CONDITIONS:



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	Proof of an ability to finish big races*	Minimum Age Requirement (regardless of membership affiliation)	Medical certificate and Accident Waiver**
132k	75 points	20 y old in 2020	Require
72k	45 points	20 years old in 2020	Require
32k	-	18 years old in 2020	Require
18k	-	More than 18 years old in 2020	Require

*Participant must have finished in 2018 or 2019 or 2020 a qualifying race or training in one step that could be estimated by a **total of points** (1km = 1point 100m elevation = 1 point)

For example: a race/trail camp of 50km and 2500m d+ = 50+25=75 points

** it is required that participants are in possession of the Medical Certificate and Accident Waiver UTNC 2020 filled and signed by a GP / Doctor and the participant. Bib will only be provided once organizer has received the Medical Certificate and Accident Waiver UTNC 2020 properly filled.



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4 / MANDATORY AND RECOMMENDED EQUIPMENT:

➤ For the UTNC 132 K and the Endurance Shop Ultra Trail 72K:

Every participant **is bound to have and carry at all time during the race,**

the following **mandatory equipment:**

1	Mobile phone	Working, fully charged and switched on mobile phone, with caller ID display, the phone number of which he/she submitted in the registration entry.
2	A water tank	with a minimum capacity of 1.5 litres.
3	An emergency Space Blanket	(or Light Bivvy Sack Equivalent) foil of minimal 140×200 cm size (standard size)
4	A headlamp	with extra battery set.
5	Compression bandage	Minimum dimensions 6 cm Wide x 1m long
6	Enough food supply	to reach the next aid station.
7	Waterproof and Breathable Jacket	with seams sealed and Hood
8	Long Sleeve Thermal Top	
9	Beanie, Balaclava or Head Sock (Buff).	
10	Whistle	
11	Own silicon cup	there will be no cup or bottles at the checkpoints
12	Bib Number	located in the front of the T-shirt in a well-visible point.



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➤ For the Trail 32 K (OPTIC 2000 RACE):

Every participant **is bound to have and carry at all time during the race**, the following mandatory equipment:

1	A water tank	with a minimum capacity of 1.5 litres.
2	An emergency Space Blanket	(or Light Bivvy Sack Equivalent) foil of minimal 140×200 cm size (standard size)
3	A headlamp	with extra battery set.
4	Compression bandage	Minimum dimensions 6 cm Wide x 1m long
5	Enough food supply	to reach the next aid station.
6	Waterproof and Breathable Jacket	with seams sealed and Hood
7	Beanie, Balaclava or Head Sock (Buff).	
8	Whistle	
9	Own silicon cup	there will be no cup or bottles at the checkpoints
10	Bib Number	located in the front of the T-shirt in a well-visible point.

It is also recommended to have:

- ✓ basic medical kit including anti-friction cream (Gurney Goo or similar), 5 Steri-Strips and antiseptic wipes
- ✓ A second headlamp.
- ✓ Poles
- ✓ the road book or a *gpx* track downloaded in smartphone or sport watch
- ✓ Spare socks
- ✓ Sunscreen
- ✓ Additional warmer clothing

Mandatory equipment checkpoint before the start line and at mid race. In case of lack of mandatory equipment, disqualification of the participant will be applied. Refusal to submit to such control during the competition implies immediate disqualification of the participant.

If the participant carries poles, it will be for all the race, it is forbidden to drop poles at aid station even broken one.



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➤ For the Trail 18 K (AWA RACE):

Every participant **is bound to have and carry at all time during the race**, the following mandatory equipment:

1	A water tank	with a minimum capacity of 1.5 litres.
5	Enough food supply	to reach the next aid station.
9	Own silicon cup	there will be no cup or bottles at the checkpoints
10	Bib Number	located in the front of the T-shirt in a well-visible point.

It is also recommended to have:

- ✓ Sunscreen
- ✓ Beanie, Blaclava or Headsock or Cap

Mandatory equipment checkpoint before the start line and at mid race. In case of lack of mandatory equipment, disqualification of the participant will be applied. Refusal to submit to such control during the competition implies immediate disqualification of the participant.

If the participant carries poles, it will be for all the race, it is forbidden to drop poles at aid station even broken one.

5 / START TIME AND TIME LIMITS:

• **For the UTNC 132K: Start time: 6h30 (30th May) from Plum**

There will be 6-time cut-offs based on an average 3.7 km/h speed (details in road book).

The organizers have established a maximum time allowed for the entirety of the race, and it is set at 36 hours– Last possible arrival at 18:00 pm on Sunday 31st of May .

• **For the Endurance Shop Ultra Trail 72K: Start time: 7h30 (30th) from Camp des Scouts**

Warning, the Meeting in plum for checking and take the buses to the start line (in camp des scout), is between **5h30 and 6h30**

There will be 2-time cut-offs based on an average 3.7 km/h speed (details in road book).



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- **For the OPTIC 2000 TRAIL 32K: Start time: 6h30 (31st MAY) from “LA CAPTURE”**

Warning, the Meeting in plum for checking and take the buses to the start line (in camp des scout), is between **5h30 and 6h30**

There will be 1-time cut-offs based on an average 3.7 km/h speed (details in road book).

- **For the AWA RACE TRAIL 18K: Start time: 7h30 (31st May) from PLUM**

6 / BIB DISTRIBUTION:

Bibs will be given the week before at Endurance Shop on Anse-Vata (Nouméa). The number bin has to be located in a well-visible point on a belt, facing T-shirt or pant, but not on the bag.

7 / TRANSPORTATION:

All driving participants must park at the Plum primary school parking. An hotel pickup shuttle is available upon prior booking.

8 / AID STATIONS AND DROP BAG:

This is a semi self-sufficient race, that means participant must be autonomous between two check points either on food, drink or garment. And to be fully aware that the wellbeing of the participants depends above all else on the runners themselves, and their ability to adapt to problems both seen or unforeseen, and to be semi self-sufficient.

Aids station will be available at check points with food and drink. Participants must ensure before leaving the aid station that they carry enough food and drink to reach the next aid station. All food provided at the aid station must be consumed at that moment to avoid spoilage of the nature.

No personal assistance will be allowed for participant 100m outside the aid station point. It is strictly forbidden for participant to have support from anyone not participating, along the track outside the aid station point. Spectators point are not aid station point.



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Drop bag will be available at 70 KM CP CAMP DES SCOUTS. The drop bag sticker will be provided at registration with the bid number. The sticker as to be on the drop bag. The drop bag is 20L maximum. The drop bag will be available on finish after closure of CP Sunday morning and must be collected at last 2h after race closure. Non-collected bag will be destroyed.

9 / PRIZE CEREMONY:

- The prize ceremony for the UTNC132K and the Endurance Shop Ultra Trail 72K will be held at Mont Dore Council Faré on Monday 1st of June at 6:30 pm with all supporting crew.
- The prize ceremony for the Trail 32K will be held at Plum Festival site on Sunday 31st of June at 2:00pm

Prizes will be awarded to 1st, 2nd and 3rd fastest mem and women and to the 1st men and women in each age division.

A lucky draw including all participants with many give away including airline ticket.

10 / RACE COURSE MODIFICATIONS, MODIFICATIONS OF TIME LIMITS OR RACE CANCELLATION:

The organization reserves the right to modify at any time and without advanced notice the race route and/or aid station point and/or first aid locations and/or time limits. In case of unfavourable weather conditions (large amounts of rain, or risk of extreme storms...), the start may be delayed, the race could be reduced in length or the race can be cancelled.

In times of extreme weather conditions, and/or for safety reasons, the organization reserves the right to suspend, discontinue or change the route of the race course or to modify the time limits. Every decision will be made by the jury of the race.

In case of force majeure as defined in civil law article 1148, the organizer could cancel the race without any refund, but will do what is possible to postpone the race to a different date.



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11 / SECURITY, RACE WITHDRAWAL AND MEDICAL ASSISTANCE:

Check Point and/or aid station will be along the racecourse. All participants have to go to the check point, with random mandatory equipment checkpoints.

Except in cases of serious injury, a competitor must exit the competition only at the designated check points after and must provide their race bid number to the checkpoint staff or course marshals and ensure that the course marshal have taken it.

In case of **race withdrawal**, the participant must take care himself of the return to his car. Organization will only help you to reach the main road. Having exited the race and retired their race bib, runners who have quit the race are no longer under the control of the organization. Failure to notify a withdrawal from the race can initiate search and rescue, and the resultant expenses will be charged to the competitor who failed to notify the organization of their departure.

Medical assistance: a multi-disciplinary medical team setup by organization will be available during the race to assist runners during the race. This team will take care of runners at aid stations designated in the road book. The team will advise race director or deputy in case of participant not in condition to finish the race and the race director will decide to keep or not the participant in the race.

Medical assistance on aid stations are only for runners in difficulty. Each runner in difficulty or injured must notify medical assistance by:

- Going to the medical point.
- Calling the medical assistance on the security phone number on the bid.
- Asking another participant to call for help.

Each participant must help anyone in difficulty and must notify medical assistant or the organization. The participant asking medical assistance for help will be under the medical assistance authority and will have to follow medical assistance decision. Medical assistance could:

- Advise the race director or his deputy that the participant is not in condition to finish the race.
- To organise the medevac by all appropriated way of participant they judge in danger.
- To get to the hospital any participant for which medical attention is needed.

A medical check will be done at 60KM CP SCOUT. Any participants judged not in good physical condition will be withdrawn from the race and transported to the finish.



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12 / INSURANCE:

Competitors will participate in the race solely on their own accord, and under such conditions waive any right to claim against the organizers in case of damage during or consequences arising after the race.

Personal injury insurance is recommended for every competitor to cover any personal accidents or injuries and/or possible costs for search and rescue/medical evacuation efforts.

Runners are free to choose their own insurance provider.

13 / ETHICAL RULES:

The race will be held in accordance with the general principles formulated by the International Trail-Running Association. The primary idea is providing equal chances to all competitors and holding the race in the form of an individual test of sporting abilities. From the perspective of an individual competitor, it consists in respecting three basic rules: play fair, watch out for your safety, protect the environment. These principles will be implemented by detailed rules as follows:

- Only officially registered competitors, who paid an entry fee, can participate in the race.
- Each and every user goes the distance relying on his own powers only, without any support from third parties or use of mechanical vehicles. Assistance from the third parties is allowed only at the food checkpoints (as defined in 8) – 1h penalty.
- Competitors cannot stray from the delimited route. In the event of getting lost, competitor has to use the same way to return to the last official signs and continue the race through its official route. Shortening the route or not pointing at aid station may lead to disqualification.
- Each and every user is obliged to provide – as well as he will be able to – help to competitors, who are injured or need other kind of help, primarily through notifying organizers and medical crew.
- It is prohibited to use any performance enhancing substances.
- It is forbidden to throw garbage outside allocated bins. 1h to 3h of Penalty.
- It is prohibited to use any kind of verbal or physical violence during the run. Reported cases will result in disqualification.
- Number bib has to be attached in a place visible to other participants, spectators and referees. 15 min penalty.
- Pointing after the time barrier lead to race withdrawal.
- Staying at the Aid Station after its closure lead to disqualification.
- The competitor resigning from the race is obliged to immediately inform the organizer about this fact. In the event of not reporting the cancellation of the run, the search will be undertaken, and the competitor can be charged for it.



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14 / ANTI-DOPING:

Anti-doping control could be done on the fish line. It is mandatory for the designated participant to go through anti-doping check. In case of positive check media and authorities will be advised.

15 / RULES ACCEPTATION AND CLAIMS:

By registering to enter competition, the competitor accepts the rules, regulations and race ethical. Breaking any of the rules may incur a time penalty, disqualification or pre-race withdrawal. Any such penalties are at the organisers' discretion and are final.

Any **claims** have to be logged in writing no later than 60 minutes after race results publication. Claims will be treated by the race jury before final race results.

The race jury included UTNC association board member, president and any other people nominated by the president. The race jury is empowered to sort any claims or disqualification within a time frame compatible with the event schedule after undertaking all the necessary hearings.

The decisions of the race jury are final, and no appeal will be admitted. After the race jury decisions the results will be announced.

16 / USE OF PERSONAL IMAGE / PHOTO AND IMAGE COPYRIGHTS:

Participants waive any rights to the exclusive use of their image taken during the race, relinquishing any recourse against the organizer and its partners for using said image. Any communication about the event or use of related images will be in accordance with the event name, its registered trademarks, and within the boundaries of the formal agreement of the organization.